

2026 MIDWEEK SAILING INSTRUCTIONS

Wednesday Evening Series for Handicap Fleets

Rules: The Wednesday evening races will be governed by the International Sailing Federation Racing Rules and the US Sailing *The Racing Rules of Sailing* (hereinafter referred to as RRS), except as altered by this document, the *NCYC 2026 Midweek Sailing Instructions* and the *NCYC 2026 Notice of Races* and any other sailing instructions and safety requirements that apply. Where conflicts exist within the Notice of Race and the Sailing Instructions the Sailing Instructions will take precedents

Notices to Competitors: Notices to competitors will be posted on the official regatta notice board located in North Cape Yacht Club between the Men's and Women's restrooms, and may be available on the NCYC web site and is listed in the 2026 NCYC Roster / Handbook. If a conflict to the Notice to Competitors exist the notice board will take precedents

Changes to the Sailing Instructions: Any changes to the sailing instructions will be posted no later than one hour before the affected race. This change may also be posted on the front door of NCYC if the notice board is not available

Signals Made Ashore: Signals made ashore will be displayed from the flag staff between the NCYC Clubhouse and the channel. **Postponement** is indicated by Code Flag "AP" accompanied by two sound signals. The warning signal will be made not less than 30 minutes after the "AP" flag is lowered. **Abandonment** is indicated by Code Flag "N" and three sound signals.

Race Schedule and Scoring: See Notice of Race.

Marks: The nine NCYC permanent marks are arranged in an octagon pattern approximately two miles of NCYC, with a center mark near the center. Each of the cardinal marks are all orange and may display an identifying letter "W" (West), "N" (North), "E" (East), "S" (South) and "C" (Center). Each of the ordinal marks are orange bodies with white tops and may display an identifying letter "NW" (Northwest), "NE" (Northeast), "SE" (Southeast) and "SW" (Southwest). The (West) mark is also known as the "Dave Shaffer Memorial Mark"

The Course: The Race Committee will identify the course for each race by displaying the appropriate course direction number prior to the warning signal. The course number will be indicated by panels with black numbers on a white background.

Length of Course: Spinnaker fleet will be scored at 6.8 Nautical Miles JAM fleet will be scored at 4.8 Nautical Miles For non-shortened or abandoned races

Weather Conditions: The race committee will determine if the weather conditions are safe and provide all competitor's fair race. If the race committee detects lightning in or around the racing area they shall abandon all races stated and non-started for that day.

Wind limits: The race committee will monitor the conditions prior to starting all of the fleets. If wind exceeds 22 knots for a period of 5 minutes consecutively, they shall not start any races. They shall not start any races until the winds are 5 knots or greater for a period of 5 minutes consecutively. If races are started and the wind conditions exceed the wind limit described above, it will be the decision of the race committee to abandon the race at any time

Course 1Spinnaker
JAMC-NE-NW-SW-C
C-NE-NW-CMarks to Port
Marks to Port

Course 2Spinnaker
JAMC-E-N-W-C
C-E-N-CMarks to Port
Marks to Port

Course 3Spinnaker
JAMC-SE-NE-NW-C
C-SE-NE-CMarks to Port
Marks to Port

Course 4Spinnaker
JAMC-S-E-N-C
C-S-E-CMarks to Port
Marks to Port

Course 5Spinnaker
JAMC-SW-SE-NE-C
C-SW-SE-CMarks to Port
Marks to Port

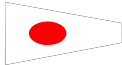

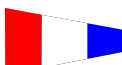



Course 6Spinnaker
JAMC-W-S-E-C
C-W-S-CMarks to Port
Marks to Port

Course 7Spinnaker
JAMC-NW-SW-SE-C
C-NW-SW-CMarks to Port
Marks to Port

Course 8Spinnaker
JAMC-N-W-S-C
C-N-W-CMarks to Port
Marks to Port

The Start: Races will be started in accordance with the RRS, Rule 26. (Starting Races) The starting line will be located between an orange flag on the R/C boat and the closest mark.

The starting order and class flag Pennant will be as follows:

<u>Start Order</u>	<u>Class</u>	<u>Class Flag</u>
1 st	PHRF-C	Code Pennant 1 
2 nd	PHRF-B	Code Pennant 2 
3 rd	PHRF-A	Code Pennant 3 
4 th	JAM-C	Code Pennant 4 
5 th	JAM-B	Code Pennant 5 
6 th	JAM-A	Code Pennant 6 

Any yacht not starting within five minutes of the lowering of their class flag will be scored as a DNS (Did Not Start)

Finish: All finishes will be in accordance with the course # chosen by the RC unless shortened in accordance with instructions listed below and the RRS, Rule 32. (Shortening or Abandoning after the Start)

A typical starting sequence will begin as follows:

6:50 PM Courtesy gun (not official, not required – No Flag Raised)

6:55 PM Warning Signal (1st class flag & sound signal)

6:56 PM Preparatory Signal ("P" flag up & sound signal)

6:59 PM Prep Signal down ("P" flag down & sound signal)

7:00 PM 1st Class Start (1st Class flag down & sound signal)
- Repeat Process -

Next class Warning Signal "may" go up at the start of the previous class unless changed or delayed by race committee

7:00 PM Warning Signal (2nd class flag & sound signal)

7:01 PM Preparatory Signal ("P" flag up & sound signal)

7:04 PM Prep Signal down ("P" flag down & sound signal)

7:05 PM 2nd Class Start (2nd class flag down & sound signal)
- etc. –

Postponement: Code Flag "AP" and two sound signals. The Warning Signal will be made one minute after lowering the "AP" flag.

Recalls: Individual Recall (one or more yachts) is signaled by Code Flag "X" and one sound signal.

A **General Recall** is signaled by code flag "**First Substitute**" and two sound signals. The class that has been affected shall return to the starting and await further instructions.

Shortening Course: Code Flag "**S**" and two sound signals.

Abandonment of Race: Code Flag "**N**" and three sound signals.

The Finish: All finishes will be in accordance with the course # chosen by the RC unless shortened in accordance with instructions listed below and the RRS, Rule 32. The finish line will be between the Orange flag on the Race Committee boat and the nearby mark of the course.

Time Limit: The time limit shall be 2 1/2 hours from the time of the class start. Yachts failing to finish within 60 minutes of the finishing time of the first yacht to finish in their class will be scored (DNF) 2 places more than the last yacht to finish within 60 minutes of the finishing time of the first yacht to finish in their class. If no yachts in a class finish before the time limit expires all yachts in that class shall be scored a DNF.

Retirement: A yacht that retires shall notify the Race Committee before leaving the racing area. If that is not possible, the yacht shall notify NCYC as soon as possible. The club monitors VHF channel 16. Club telephone: (734) 242-5081. Any yacht that started but did not complete the course and did not report its intentions to retire to the race committee MAY be disqualified from the series that the race is being run in.

Alternative Penalty: RRS 44 (Penalties at the time of an Incident) applies

Safety: All yachts shall follow the U.S. Coast Guard requirements for carrying safety equipment and for using lights at night. It is suggested to comply with US Sailing Safety Equipment Requirements (SEQ) for nearshore races

NCYC accepts no liability for yachts or crew participating in these events. It shall be the sole and inescapable responsibility of the skipper and crew of the individual yachts to decide whether or not to start, continue, or finish a race. Further, each skipper is solely responsible for the personal safety of themselves, their crew and their yacht.

Protest: A yacht shall notify the race committee at the finishing line of her intent to protest and the sail number of the protested yacht.

Protests shall be written on US Sailing Association forms (available at NCYC) and must be presented to a member of the Race Committee at the NCYC clubhouse within one hour after the time of the last yacht's finishing time.

Radio Communications: VHF Channel 72 shall be used for all radio communications.

When on the water, the Race Committee is not obligated to answer individual questions regarding the conduct of the races but will attempt to provide useful information as they are able to do so

Awards: See Notice of Race.