

LIABILITY FORM

The student and the parent or a legal guardian must read and sign this form before the student may participate in the sailing program.

- Sailing, like most sports, involves a risk of injury. Students will be sailing in deeper water (over their head); a sudden wind gust could cause the boat to capsize. Parts on the boat can cause injury and exposure in the water can become a problem if the student is not properly prepared. The lake water environment contains many sharp objects such as zebra mussel shells and other debris.
- In an effort to make sailing classes as safe as possible, students will be instructed in rules which will reduce the risk of injury. It is vital that the students follow the direction of the instructors and the Sailing Program Rules.
- The instructors are trained in Risk Management and Coaching by the U.S. Sailing Association. They are also trained in Red Cross Standard First Aid and CPR.

We have read the above information concerning the risk involved in sailing. We understand and assume the risk involved in participating the sailing program.

We will abide by the rules of the North Cape Yacht Club's Sailing Program. We hereby release North Cape Yacht Club and their officers, members, instructors, employees and volunteers from any liability arising from or connected with participation in the sailing program.

Students Signature

Parent or Guardian Signature

Date