

# The NCYC Junior Sailing Program Mission Statement

The mission of the NCYC Junior Sailing Program is to instill in our youths an understanding of the responsibilities and rewards of safe boat handling in an environment that promotes teamwork, sportsmanship, and camaraderie throughout all aspects of yachting.

We will strive:

- To interest and lead juniors in developing safe sailing skills.
- To promote maximum junior attendance at junior activities and regattas.
- To develop and support programs to encourage older juniors and adults to continue in the sport of sailing.
- To develop a curriculum that promotes self-esteem, camaraderie, and sportsmanship.

---

## Sailor's Ethics and Code of Conduct

1. Be cooperative, supportive, and respectful of all other people.
2. Participate in daily activities.
3. Understand and obey the sailing "Rules of the Road."
4. Be gracious in success, failure, victory, and defeat.
5. Remember that your actions, both on and off the water, reflect upon you and the NCYC Sailing Program.

---

## Rules and Safety Procedures

1. Arrive on time with equipment ready to go.
2. All children must obey the instructor at all times.
3. Stay with your class until dismissed by your instructor.
4. Life jackets MUST be worn and zipped at all times while in the dock or launching areas, or on the water.
5. Sailing footwear must be worn at all times.
6. Sunglasses, hats, sunscreen and drinking water are recommended.
7. Proper clothing (shoes and shirts) are required in the club facilities.
8. No wet clothing or wet sandy shoes in the club.
9. Pick up any trash you see, please keep our club and grounds clean.

---

## Discipline Policy

In order to ensure all children are offered the same learning opportunities in a safe environment, we must institute and enforce a strict discipline policy for each of our classes. Remembering that Sail Camp is an on the water activity and safety is our number one concern.

If a child is disrupting the class and will not take direction from the instructor, they will first receive a warning. If the behavior continues, the child will be removed from the class and placed with the parent of the day for the remainder of that day's class. The child will not be allowed to return to class until a conference can be held with the child's parents(s), the camp director, the instructors involved with the incidence and the child, if the parent so desires. At this conference the behavior and safety concerns will be discussed and options explored to correct the problem. After the conference, if the behavior reoccurs the child will be removed from sail camp for the remainder of the class.

It is not the intent of the sail camp and Junior Sailing Committee to expel children but to make a safe and fun place to learn sailing for all of our children.

In an effort to prevent problems the Junior Sailing Committee would like the parents and child to read and sign this letter of understanding. Please sign and bring to the first day of camp.

---

## Liability Form

The student and a parent or legal guardian must read and sign this form before the student may participate in the program.

- Sailing, like most sports, involves a risk of injury. Students will be sailing in deeper water (over their head); a sudden wind gust could cause the boat to capsize. Parts on the boat can cause injury and exposure in the water can become a problem if the student is not properly prepared. The lake water environment contains many sharp objects such as zebra mussel shells and other debris.
- In an effort to make sailing classes as safe as possible, students will be instructed in rules which will reduce the risk of injury. It is vital that the students follow the direction of the instructors and the Sailing Program Rules.
- The instructors are trained in risk management and coaching by the U.S. Sailing Association. They are also trained in Red Cross Standard First Aid and CPR.

We have read the above information concerning the risk involved in sailing. We understand and assume the risk involved in participating in the sailing program. We hereby release North Cape Yacht Club and their officers, members, instructors, employees, and volunteers from any liability arising from or connected with participation in the sailing program.

We have read and understand the Goals, Code of Ethics and Conduct, Rules and Safety Procedures and the Discipline Policies of the NCYC Junior Sailing Program.

Parent: \_\_\_\_\_

Junior Sailor(s): \_\_\_\_\_

Date: \_\_\_\_\_